

Emily Russ, #10
Position C/3B



Team: 14U National
Class of 2027



Player Email: emilyruss312@icloud.com

Phone: 267-475-2495

Age: 15

DOB: 3/12/2008

Bats: Right

Throws: Right

Height: 5'4.5"

Weight: 145

Top Metrics

Pop Time 1.80 10 YD 1.7 20 YD 3.09 40 YD 5.70 Pro Agility Shuttle 5.39

Broad Jump 78" Grip right 99.4 Grip Left 94.2

Overhand Velo 64 Bat Speed 60.2 HIT Exit Speed 58

School: Immaculate Heart of Mary

GPA: NA

City & State: Philadelphia, PA

Parents: Samantha and Jason

Parents Email: samantharuss@Comcast.net; jasonruss@Comcast.net

Parents Phone: Samantha 484-904-8342 ; Jason 215-909-1582

Softball Achievements:

- Selected to the USSSA Select 30 National Training Camp (2023)
- Selected to the USSSA 13U All American Games (2022)
- USSSA Eastern National Tournament MVP (2021)
- Selected to the Softball Factory Christmas Select Training-Futures (2020)
- Selected to the Softball Factory World Series Futures (2020)
- Selected to the Softball Factory North Eastern Regional Team (2020)

Guidance Counselor: Immaculate Heart of Mary

Phone: 215-482-2029

Scholastic Activities / Athletic Information:

IHM Basketball

Catholic league All Star Basketball team 2022

IHM Volleyball

IHM Track and Field

IHM Softball

Volunteering

20 Hours per school year at local youth sports programs

Fall 2022 Chaos 14u National Schedule

September 24-25	USSSA Adventures Fall Rumble	Jackson, NJ
October 8-9	Jersey Outlaws 2022 Fall Showcase	Westampton, NJ
October 14-16	Team NJ Fall College Showcase	Edison, NJ
October 28-30	Team NJ Arizona Fall Showcase	Scottsdale, AZ
November 12-13	Legacy Veterans Tribute Showcase	Marietta, GA

Summer 2023 Chaos 14U National Schedule

May 27-29	Memorial Day Madness	Wilmington, DE
June 9-11	Ohio Outlaws Summer Invitational Showcase	N. Ridgeville, OH
June 15-17	Pennsbury Invitational	Newtown, PA
June 22-25	Scenic City Summer Showcase	Chattanooga, TN
June 28-July 2	Louisville Slugger IDT	Boulder, CO
July 14-16	Atlanta Legacy Invitational	Atlanta, GA
August 1-6	Alliance Fastpitch Championship	Westfield, IN

Team: Chaos 14u National

Organization Website: www.pachaosfastpitch.com

Team Facebook Page: [PA Chaos 14u National](https://www.facebook.com/PAChaos14uNational)

Team Twitter Page: [PA Chaos 14u National](https://twitter.com/PAChaos14uNational)

Head Coach: Paul DiMario

Phone: 267-804-9745

Email: pauldimario1@gmail.com

Chaos President: Joe Spina

Phone: 609-685-8752

Email: chaosfastpitch@verizon.net

Hitting Instructor: Mike DeCarlo

Catching Instructor: Leigh Elko

Email: blackcatfastpitch@gmail.com